



morning essential oil diffuser blends

sunny day

2 DROPS BERGAMOT
2 DROPS LEMON
2 DROPS LIME

refresh

2 DROPS WILD ORANGE
2 DROPS CEDARWOOD
2 DROPS BERGAMOT

mamas helper

2 DROPS BERGAMOT
2 DROPS WILD ORANGE
2 DROPS FRANKINCENSE

joyful bliss

2 DROPS BERGAMOT
2 DROPS GRAPEFRUIT
2 DROPS FRANKINCENSE

spa bliss

2 DROPS PEPPERMINT
2 DROPS LAVENDER
2 DROPS LIME

perfect flowers

2 DROPS JASMINE
2 DROPS LAVENDER
2 DROPS YLANG YLANG

evening bliss

2 DROPS LAVENDER
2 DROPS YLANG YLANG
2 DROPS BERGAMOT

motivating

2 DROPS SPEARMINT
2 DROPS WILD ORANGE
2 DROPS LEMON

quiet times

2 DROPS CEDARWOOD
3 DROPS ROMAN CHAMOMILE
2 DROPS LAVENDER

good day

2 DROPS GRAPEFRUIT
2 DROPS BERGAMOT
1 DROP WILD ORANGE
1 DROP YLANG YLANG

